

# FRIENDSHIP SUPPORT GROUP (FSG)

## ACTIVITY CALENDAR – JUNE 2017

The FSG is a peer support group of adults living with mental illness.  
Join us every Wednesday for an evening of friendship and engagement.



**June 7<sup>th</sup>: 5:45 to 7:45 pm**

Activity: Brain Games

**June 14<sup>th</sup>: 5:45 to 7:45 pm**

Movie Night

**June 21<sup>st</sup>: 5:45 to 7:45 pm**

*Open Discussion Night: Share Your Hobby!*

**June 28<sup>th</sup>: 5:45 to 7:45 pm**

*Outing: Picnic at Dow's Lake*

For more information, contact Crystal & Sara at 613-860-7800 or [fsg@micaontario.com](mailto:fsg@micaontario.com)

**Carlington Community Health Centre  
900 Merivale Road**

Bus 85 & 176 – two blocks south of Westgate Mall



Sponsored by MICA - Mental Illness Caregivers Association  
[www.micaontario.com](http://www.micaontario.com)  
613-860-7800