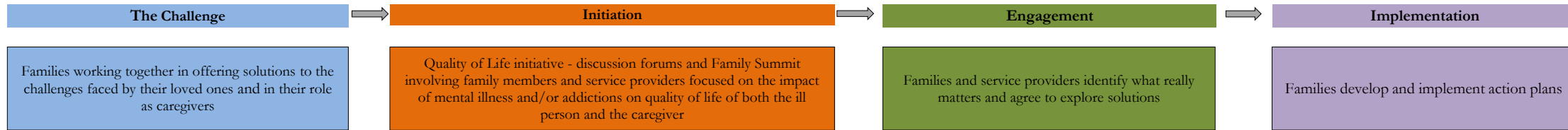


A Roadmap for Change
Tipping the Scales in Favour of Positive Treatment Outcomes and Easing Caregiver Burden



The following initiatives are underway:

**Mental Illness
 Caregivers
 Association
 (MICA)**



Family Support and Education	Delivery of common family support and education programs across all regions in the Champlain district	Collaborating with Canadian Agency for Drugs and Technology in Health - workshop focused on evidence based research
Employment	Understanding the current situation	Sharing what was learned and addressing gaps
Housing	Building partnerships with other agencies in offering housing as "recovery centres"	Pilot housing project
Listening to families	Gauging the state of Mental Health Services in selected communities in the Champlain district and exploring ways to make the system welcoming of the family's contribution.	Addressing gaps including the need to formally accept families as an integral part of the patient's recovery process.
What happens when I die	Planning for the continuing support for family members with mental illness and/or addictions	Confirm links with housing, family support and education
Review of developments related to disability benefits	Understanding the impact of proposed changes and what more needs to be done	Report on results of review in consultation with other agencies advocating for change
Attending to the physical well-being and mental health of caregivers	Exploring the possibilities around promotion and prevention	Develop and distribute promotion material in collaboration with other agencies